

Medical Chronology

Patient: Jordan Q. Testcase (DOB 04/12/1988, MRN SYN-44120) - synthetic demonstration record

Incident: 03/14/2026 motor vehicle collision: restrained driver of a sedan struck from behind while stopped at a red light; airbags did not deploy; self-extricated and ambulatory at scene; denied loss of consciousness.

Treatment span: 03/14/2026 to 07/14/2026 Dates of service: 21 Total billed: \$18,825.00

Citation check: 21/21 entries verified against their cited pages

Date	Provider / facility	Summary	Pages
03/14/2026	Paramedic T. Alvarez Tippecanoe Valley EMS (EMS patient care report)	Neck pain 6/10 and low back pain 4/10 after rear-end collision; denies loss of consciousness. BP 148/92, HR 104, SpO2 98%, GCS 15. Cervical collar applied as a precaution; transported to Riverbend General Hospital ED without lights or sirens.	1
03/14/2026	Dr. Simone Okafor, MD Riverbend General Hospital (Emergency department (triage, physician note, discharge))	Neck and low back pain, 7/10 at triage; no numbness or weakness. Bilateral cervical paraspinal/trapezius tenderness (right greater), lumbar paraspinal tenderness, neuro intact. CT head and cervical/lumbar X-rays negative. Dx: acute cervical and lumbar strain. Cyclobenzaprine, ibuprofen, ice/heat. Off work 03/15-03/17/2026. Follow up with primary care within 1 week.	2, 3, 4
03/18/2026	Dr. Maren Holt, MD Holt Family Medicine (Office visit (ED follow-up))	Neck pain 7/10, worse turning right; new intermittent right forearm tingling since 03/16/2026; low back 4/10; disrupted sleep. Right cervical rotation about 45 degrees, positive right Spurling, grip 5/5. Dx: cervical strain with possible right radiculopathy; lumbar strain improving. PT referral 2x/week for 6 weeks; MRI if radicular symptoms persist; ibuprofen; light duty.	5
03/24/2026	Chris Damon, PT, DPT Northside Physical Therapy (Physical therapy initial evaluation)	Referred for cervical strain with right radicular symptoms. Pain 6/10. Neck Disability Index 42% (moderate). Cervical rotation right 40, left 60 degrees; right upper trapezius guarding. Goals: NDI under 20%, full rotation, full work duties. Plan: 2 visits/week for 6 weeks of manual therapy, exercise, home program.	6
03/27/2026	Chris Damon, PT Northside Physical Therapy (Physical therapy daily note)	Pain 6/10. Tolerated manual therapy and deep neck flexor exercises. Home program issued.	7
03/31/2026	Chris Damon, PT Northside Physical Therapy (Physical therapy daily note)	Pain 5/10. Right forearm tingling reported after desk work. Exercises progressed.	7
04/03/2026	Chris Damon, PT Northside Physical Therapy (Physical therapy daily note)	Pain 5/10. Right cervical rotation improved to 50 degrees.	8
04/07/2026	Chris Damon, PT Northside Physical Therapy (Physical therapy daily note)	Pain 5/10. Reports headaches at the base of the skull 3 times this week.	8
04/10/2026	Chris Damon, PT Northside Physical Therapy (Physical therapy daily note)	Pain 4/10. Good tolerance to strengthening.	9

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04/14/2026	Chris Damon, PT Northside Physical Therapy (Physical therapy daily note)	Pain 5/10. Patient will be traveling for work for several weeks and will pause therapy. Home exercise program reviewed.	9
04/21/2026	Dr. Paul Varga, MD (radiologist); ordered by Dr. Maren Holt Westfield Imaging Center (MRI cervical spine without contrast)	History: neck pain and right arm tingling after 03/14/2026 collision. C5-C6 right paracentral/foraminal 3 mm disc protrusion with moderate right foraminal narrowing and possible contact with exiting right C6 root; C4-C5 mild bulge without stenosis; cord normal. Impression: may correlate with right C6 radicular symptoms.	10
04/28/2026	Dr. Maren Holt, MD Holt Family Medicine (Office visit)	Neck pain 6/10; right forearm tingling now daily; PT paused while traveling. MRI reviewed: C5-C6 right foraminal disc protrusion. Dx: right C6 cervical radiculopathy, post-traumatic. Referral to orthopedic spine surgery; resume PT when back in town.	11
05/05/2026	Dr. Ian Kessler, MD Kessler Spine and Orthopedics (Orthopedic spine new patient consultation)	Neck pain and right arm paresthesias since 03/16/2026; no prior neck complaints or treatment. Decreased sensation right thumb/index finger (C6), right biceps reflex 1+ vs 2+ left, strength 5/5. MRI reviewed. Dx: right C6 radiculopathy from C5-C6 protrusion, consistent with trauma history. Plan: right C5-C6 transforaminal ESI, resume PT, no surgery now, re-evaluate 6 weeks.	12
05/12/2026	Chris Damon, PT Northside Physical Therapy (Physical therapy re-evaluation)	Re-evaluation after 4-week pause for work travel. Pain 6/10. Neck Disability Index 38%. Right rotation 45 degrees. Plan: resume 2 visits/week for 4 weeks.	13
05/15/2026	Chris Damon, PT Northside Physical Therapy (Physical therapy daily note)	Pain 6/10. Right arm nerve glide exercises added.	13
05/26/2026	Dr. Lena Ortiz, MD Ortiz Pain and Spine Institute (Procedure)	Right C5-C6 transforaminal epidural steroid injection under fluoroscopy with dexamethasone 10 mg. Pain 7/10 pre-procedure, 3/10 post-procedure. No complications; discharged home with a driver.	14
05/29/2026	Chris Damon, PT Northside Physical Therapy (Physical therapy daily note)	Pain 4/10 after 05/26/2026 injection. Tingling reduced to once or twice a day.	15
06/02/2026	Chris Damon, PT Northside Physical Therapy (Physical therapy daily note)	Pain 3/10. Right cervical rotation 55 degrees.	15
06/09/2026	Chris Damon, PT Northside Physical Therapy (Physical therapy discharge summary)	Total visits 13. Neck Disability Index 22% (from 42%). Goals partially met. Residual right-sided neck pain 3/10 with prolonged computer use. Discharged to home exercise program.	16
06/23/2026	Dr. Ian Kessler, MD Kessler Spine and Orthopedics (Orthopedic spine follow-up)	About 50% improvement after injection; neck pain 3/10; occasional right thumb numbness. Right biceps reflex 1+ unchanged, strength 5/5. Dx: right C6 radiculopathy, improving. May repeat injection if symptoms return. No lifting over 20 pounds for 6 weeks. Not yet at maximum medical improvement. Follow up in 3 months.	17
07/14/2026	Dr. Maren Holt, MD Holt Family Medicine (Office visit)	Neck pain 3/10. Reports trouble sleeping and anxiety when driving since the 03/14/2026 collision. Dx: cervical radiculopathy, improving; anxiety related to the motor vehicle collision. Referral to counseling; continue home exercise program.	18

For attorney review

- Gap in treatment: physical therapy paused 04/14/2026 to 05/12/2026 (4 weeks) for work travel; documented as patient-initiated. Holt 04/28/2026 also notes PT paused while traveling. (pp. 9, 11, 13)
- Possible missing PT record: discharge summary states 13 total visits, but only 12 dated PT encounters are documented (03/24, 03/27, 03/31, 04/03, 04/07, 04/10, 04/14, 05/12, 05/15, 05/29, 06/02, 06/09). (pp. 6, 7, 8, 9, 13, 15, 16)
- No PT notes between 05/15/2026 and 05/29/2026 despite a plan of 2 visits per week for 4 weeks from 05/12/2026; request complete PT records to confirm attendance. (pp. 13, 15)
- Headaches at the base of the skull reported to PT on 04/07/2026 are not addressed in any subsequent physician record. (pp. 8, 11, 12)
- Causation statement: Dr. Holt assesses right C6 cervical radiculopathy as 'post-traumatic' (04/28/2026). (pp. 11)
- Causation statement: Dr. Kessler assesses right C6 radiculopathy due to C5-C6 disc protrusion as 'consistent with the history of trauma' and records no prior neck complaints or treatment (05/05/2026). ED record also lists no significant history. (pp. 2, 12)
- Causation-related imaging statement: MRI impression states the C5-C6 protrusion may correlate with right C6 radicular symptoms; clinical history references the 03/14/2026 collision. (pp. 10)
- Causation statement: Dr. Holt assesses anxiety related to the motor vehicle collision (07/14/2026). Sleep trouble and driving anxiety are first documented about four months post-collision. (pp. 18)
- Onset of radicular symptoms: ED physician note documents no numbness or weakness on 03/14/2026; right forearm tingling first documented as beginning 03/16/2026, consistently reported in later records. (pp. 3, 5, 12)
- Ongoing/future care: Dr. Kessler states patient is not yet at maximum medical improvement, may repeat the epidural injection if symptoms return, and plans follow-up in 3 months; no records of that follow-up are included. (pp. 17)
- Ongoing/future care and missing records: counseling referral made 07/14/2026; no counseling records or bills are included. Patient continues home exercise program. (pp. 18)
- Work restrictions: off work 03/15-03/17/2026 (ED); light duty (Holt 03/18/2026); no lifting over 20 pounds for 6 weeks (Kessler 06/23/2026). No employment or wage-loss records included. (pp. 4, 5, 17)
- PT goals only partially met at discharge: Neck Disability Index 22% versus goal under 20%; residual neck pain 3/10 with prolonged computer use. (pp. 6, 16)
- Billed charges listed on the compiled billing summary total \$18,825.00. PT is billed as date ranges, not itemized per visit. (pp. 19, 20)

Billed charges

Provider	Date(s)	Billed	Pages
Tippecanoe Valley EMS	03/14/2026	\$1,240.00	19
Riverbend General Hospital (ED + imaging)	03/14/2026	\$6,875.00	19
Holt Family Medicine	03/18/2026	\$210.00	19
Northside Physical Therapy	03/24/2026 - 04/14/2026	\$1,680.00	19
Westfield Imaging Center	04/21/2026	\$2,150.00	20
Holt Family Medicine	04/28/2026	\$185.00	20
Kessler Spine and Orthopedics	05/05/2026	\$640.00	20
Northside Physical Therapy	05/12/2026 - 06/09/2026	\$1,440.00	20
Ortiz Pain and Spine Institute	05/26/2026	\$3,900.00	20
Kessler Spine and Orthopedics	06/23/2026	\$320.00	20
Holt Family Medicine	07/14/2026	\$185.00	20

Provider	Date(s)	Billed	Pages
Total		\$18,825.00	

Prepared by Starry Night. AI-assisted and checked against the cited source pages. This chronology is a drafting aid for attorney review; it is not medical or legal advice.